



# What am I grateful for?

*(On December 17th, 2014, the Dream Centre Residents & Staff enjoyed a Christmas Turkey banquet as a family. While the residents reflected around the table on what was important in their lives, let us share below their grateful prayers, from their lips, to God's ears with Thanks).*

**I'm Chantelle.** I have much gratitude to God and the Dream Center for being the source of my refining. Granted some areas are slower than others but the Dream Centre supports and understands that new Christ like character takes time. I'm truly blessed and extremely thankful for the Dream Centre & the Dream Team. Thank-you!

**Hi, I'm Reina.** I am grateful for being given the understanding & tools that are needed in working through this destructive disease. The Dream Centre Counsellors have had a profound effect on my life. Their skills & wisdom have helped me "move into & take over" areas of my life I would never have thought possible. The Dream Centre staff goes far beyond the call of duty & my sisters here in recovery I love as my own.

**My name is Dana.** I'm truly thankful for sobriety & having a place that loves me enough to give me a home to come to. My Edmonton Dream Centre family is a wonderful community from which I receive tremendous care. I feel blessed to have the opportunity to learn; to grow & be who GOD wants me to be.

**Hello, my name is Christine.** I have never been to a treatment centre and I am still very new here. But already I can tell that the Edmonton Dream Centre is unlike anywhere else. I am extremely grateful to have the opportunity to be a student of the wealth of knowledge that is offered here. A house full of women,

emotions, moods & opinions is defiantly trying sometimes. But GOD has called each & every one of us to teach & learn from each other in fellowship. The staff and counsellors are amazing & I am excited about learning what makes me, me. I want to learn to be more Christ like for the rest of my life.

**This is Elaine.** I was blessed when I was given a second opportunity to reside at the Dream Centre. Darkness surrounded me with fear of what the journey of restoration for my heart, mind & soul might be like, in getting to know myself. With GOD in control of my life, I have had nothing but an abundance of positive growth to build strong relationships with GOD, my son & the staff & residents at the Dream Centre. I've learned to overcome dis-ease that I contributed to my addictions that my faith in GOD will prosper me, and give me hope & a future.

**Hi I'm Amber.** I am grateful for all the support I have in my life. Most important, I'm so thankful for GOD. He is always by my side even though I have turned my back on him. GOD has never abandoned nor forsaken me. I'm thankful for my Dad who has strong faith in me & supports me. Very thankful for all the staff & counsellors at the Dream Centre for advice & knowledge they give me daily. And thankful for the other residents (the Dream Girls) that I get to share & relate with in my road to recovery.

**Hi, I'm Michelle.** Christmas time comes & goes every year. For some it can be the best month of the year and for others the worst. When I think of the things that I am thankful for, the list is endless. One of my greatest gratitude's is having a heavenly Father who never let me go, even when I let him go. The Dream Centre has held my hand throughout this past month of hardships & trials, with a love & acceptance that has been absent in my life throughout this past year. I will be forever thankful & proud of my sisters in Christ whom I get to walk through this season of change with. Linda, Vivian & all the staff who have helped me by opening my eyes to the reality of addiction & the long term affect it has had on me, my family & future. With a clear understanding that I now have the power to change, through the freedom of Christ.

**Hello, I'm Kathyne.** I am grateful to have a safe place to live where I can reflect on my past thoughts, feelings, actions, behaviours & look at where my negative reactions of anger, guilt & shame are coming from. I am grateful to experience the joys & beauty that come from emotional awareness. I am so grateful for all the help & support I have received from all, throughout my struggles with addictions. I am grateful to be around kids at the Dream Centre. They bring true joy & beauty into my life. I am so grateful for & continue to pray for peace & RECOVERY, for many years to come. Thank-you Dream Centre.